

Amanda J. Minor

Salve Regina University
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CURRENT

Assistant Professor

2013-Present

Salve Regina University
Holistic Counseling Program
Master's-level Counseling Internship Coordinator

EDUCATION

Doctorate of Philosophy May 2012

Doctorate of Philosophy in Counselor Education and Counseling
Majoring in Mental Health Counseling and Couples and Family Counseling
Idaho State University (CACREP), Pocatello, Idaho
Dissertation Title: *Understanding the CACREP On-site Visiting Review Team
Chairperson Experience*

Masters of Science in Educational Psychology May 2009

Major in Educational Psychology with an emphasis in Couples and Family Counseling
and Community Counseling
Southern Illinois University Carbondale (CACREP), Illinois
Masters Research Paper: *The Emotional Effects on Coping for Late Adolescents and
Young Adults with Rheumatoid Related Chronic Physical Illness*

Bachelor of Arts in Psychology May 2004

Major in Psychology with Minors in Speech Communication and Gender Studies
McKendree University, Lebanon, Illinois
Undergraduate Research Paper: *The Effects of Volunteering on Altruism, Self-esteem, and
Positive Attitude*

PAST POSITIONS

Assistant Professor

Augusta State University/Georgia Regents University (CACREP)
(University name change while there)

2012-2013

TEACHING EXPERIENCE

Salve Regina University, Newport, RI

- Professional Orientation and Ethics (HLC 506); Theories of Counseling (HLC/RHB 509); Couple and Family Counseling (HLC/RHB 513); Practicum in Counseling I & II (HLC 530-531); Internship and Seminar I & II (HLC 570-571); Grief Counseling (HLC

579); Cross-Cultural Issues in Counseling (HLC/RHB 601); Career Counseling (HLC 603)

Augusta State University/Georgia Regent University, Augusta, GA

- Couple and Family Counseling (COUN 6700); Diversity Sensitivity in Counseling (COUN 6760); Treatment Planning in Clinical Mental Health Counseling (COUN 6850); Gender Issues in Counseling (COUN 6870); Practicum in Clinical Mental Health Counseling (COUN 6890); Counseling Supervision (COUN 7960)

Co-Instructor, Idaho State University, Pocatello, ID

- All clinical-focused courses taught multiple times
- **Clinical Mental Health Courses:** Conceptualizing Counseling Theory (COUN 6627); Application of Counseling Techniques (COUN 6628); Substance Abuse (COUN 6630); Psychodiagnosis and Psychotropic Drugs (COUN 6644); Issues in Mental Health Counseling (COUN 6691), Wellness and Prevention in Counseling, (COUN 6692)
- **Couple and Family Courses:** Theories of Family Counseling (COUN 6660); Theory of Couples Counseling (COUN 6662); Parent Education (COUN 6663); Family Assessment (COUN 6664); Family and Couples Practicum (COUN 6669)
- **Professional Orientation and Ethical Practices:** Professional Orientation and Ethics (COUN 6621)
- **Human Growth and Development:** Play Therapy (COUN 6659)
- **Social and Cultural Diversity:** Cultural Counseling (COUN 6624)
- **Helping Relationships:** Introduction to Counseling (COUN 6491); Pre-practicum Counseling Techniques (COUN 6696)
- **Group:** Small Group Experience (COUN 6671)
- **Guest lecturer:** Qualitative Methodology (COUN 7704); Instructional Theory (COUN 7705)

SCHOLARSHIP

Publications

Published Manuscripts

Minor, A. J. (2017). Internal family systems. In Carlson, J. & Dermer, S. *The sage encyclopedia of marriage, family, and couples counseling* (Vol. 4). Thousand Oaks, CA: SAGE Publications, Ltd. doi: 10.4135/9781483369532n89

Minor, A. J., Moody, S. J., Tadlock-Marlo, R.L., Pender, R., & Person, M. (2013). Music as a medium for cohort development, *Journal of Creativity in Mental Health*, 8:4, 381-394, DOI: 10.1080/15401383.2013.857928

Minor, A. J., Pimpleton, A., Stinchfield, T., Stevens, H., & Othman, N. A. (2012). Peer support in negotiating multiple relationships within supervision among counselor education doctoral students. *The International Journal for the Advancement of Counselling*. DOI:10.1007/s10447-012-9161-9

Minor, A. J., & Feit, S. (2012). *The experience of a CACREP on-site visiting team chairperson.* Published Dissertation, Idaho State University, Pocatello, ID.

Manuscripts in Preparation

Binkley, E.B. & **Minor, A. J.** Constructivist pedagogy to promote cultural learning in counselor education. *Journal of Counselor Education and Supervision* (submitted).

Minor, A. J. (forthcoming). A case for self-care: Changing luxury to necessity. In T. J. Carter, C. Boden-McGill, & K. Peno (Eds.), *Transformative learning in professional learning contexts: Building resilient professional identities for work-based practice* (pp. xx-xx). Charlotte, NC: Information Age Publishing.

Grants and Related Activities

O'Toole, L., Zeman, S., **Minor, A. J.** (2016). Civic Engagement Grant, \$175,000, awarded by the Davis Foundation.

Minor, A. J. (2016). Center for Teaching and Learning Grant, \$500, awarded by Salve Regina University.

Minor, A. J. (2013). Teaching Excellence Grant, \$400, awarded by the Grant Committee at Georgia Regents University.

Presentations

International Presentations

Minor, A. J. & Binkley, E. (2016). Constructivist Pedagogy to Promote Cultural Learning in Counsellor Education. European Branch-American Counseling Association. Geneva, Switzerland.

National Presentations

Minor, A. J., Binkley, E. Nelson, A., & Ferrol, J. (2017). Building cultural competencies in an ethnocentric era. *Association of Counselor Education and Supervision Conference.* Chicago, IL. (accepted)

Minor, A. J. (2015). Deconstructing to reconstruct: Using constructivist pedagogy to promote culturally relevant learning. *Association of Counselor Education and Supervision Conference.* Philadelphia, PA.

Minor, A. J. & Michalak, M. (2013). Obtaining a job in counselor education: What do I want and how do I get there? *Association of Counselor Education and Supervision Conference*. Denver, CO.

Anderson-Wiley, M.J., **Minor, A. J.**, & Wheat, L. (2013). Helping students understand (dis)ability: An experiential class activity. *Association of Counselor Education and Supervision Conference*. Denver, CO.

Wheat, L., **Minor, A. J.**, & Bunton, D. (2013). The L word: Loss in the life of individuals who are LGBTQ. *Association of Counselor Education and Supervision Conference*. Denver, CO.

Minor, A.J. & Feit, S. (2011). The experience of a CACREP on-site visiting team chairperson. *Association of Counselor Education and Supervision Conference*. Nashville, TN.

Minor, A. J., Moody, S., Pender, R., Tadlock-Marlo, & Person, M. (2011). Bases loaded: Use of music in counselor cohort development. *Association of Counselor Education and Supervision Conference*. Nashville, TN.

Michalak, M., & **Minor, A. J.** (2011). Shaping leaders in scholarship: A shift from consumers to creators of research in counselor training. *Association of Counselor Education and Supervision Conference*. Nashville, TN.

Minor, A. J. (2009). A framework for helping clinicians aid families in dealing with invisible illness. *Association of Counselor Educators and Supervisor*. San Diego, CA.

Minor, A. J. (2008). Navigating life after the storm: Helping adolescents with chronic illness find their way after a medical crisis. *American Counseling Association Annual Conference*. Honolulu, HI

Regional Presentations

Minor, A.J. (2016). Multicultural Learning: Constructivist Activities in the Classroom. *North Atlantic Association for Counselor Education and Supervision*. Syracuse, NY. (accepted)

Minor, A.J., Deaner, R., Strever, A., & Cameron, S. (2013). Getting real: The effectiveness of using reality television for assessment and diagnosis in counseling. *South Carolina Counseling Association Conference*, Hilton Head, SC.

Anderson-Wiley, M.J., **Minor, A. J.**, and Wheat, L. (2013). Sensitizing counselors and educators to persons with varying abilities and physical challenges. *Cross-Cultural Issues in Counseling and Education Conference*, Savannah, GA.

Minor, A. J., & Michalak, M. B. (2012). How was I supposed to know?: A reflection of how Counselor Educators can better prepare doctoral students for

the job search. *North Central Association of Counselor Educators and Supervisors Conference*, Kansas City, MO.

Tadlock-Marlo, R. L. & **Minor, A. J.** (2012). Invisible not Imaginary. *North Central Association of Counselor Educators and Supervisors Conference*, Kansas City, MO.

Wathen, C. C., **Minor, A. J.**, & Theimann, J. (2012). Gate-keeping and the 2016 CACREP Standards: A Context for Taking Action. *Southern Association for Counselor Educators and Supervisors Conference*, Savannah, SC.

Minor, A. J., & Tadlock-Marlo, R. (2010). Invisible not imaginary: Helping counselors and counselor educators see hidden illness. *Rocky Mountain Association of Counselor Educators and Supervisors Conference*. Jackson, WY.

Harrawood, L., Tadlock-Marlo, R., Moody, S., **Minor, A. J.**, Pender, R., & Person, M. (2010). Transformative dialogue: A synergistic model of supervision. *Rocky Mountain Association of Counselor Educators and Supervisors Conference*. Jackson, WY.

Stinchfield, T., **Minor, A. J.**, Manning, A., & Mack, C. Teaching Master's Level Counselor Supervisory Skills. *North Central Association of Counselor Educators and Supervisors Conference*. Schaumburg, IL.

State and Local Presentations

Minor, A. J., Deaner, R., Strever, A., & Cameron, S. (2013). Using reality television to help counselors-in-training conceptualize. *South Carolina Counseling Association Conference*, Hilton Head, SC.

Hanks, B., **Minor, A. J.**, & Quinn, D. (2012). Trauma focused cognitive behavioral therapy: An evidence-based theory and current trend in child sexual abuse treatment. *Idaho State Counseling Association Annual Conference*. Boise, ID.

Syria, M., Thiemann, J., Michalak, M., & **Minor, A. J.** (2012). It's all relational: A revolutionary approach to client impasse. *Idaho Counseling Association Annual Conference*, Boise, ID.

Minor, A. J., & Tadlock-Marlo, R. (2011). Invisible not imaginary: Helping counselors see hidden illness. *Idaho Counseling Association Annual Conference*. Pocatello, ID.

Mariska, M., Lewis, M., & **Minor, A. J.** (2010). Positive psychology in counseling: From theory to practice. *Idaho State Counseling Association Annual Conference*. Boise, ID.

Minor, A. J., & Michalak, M. (2011). Ethics related to child abuse. *Idaho State University*. Pocatello, ID.

Minor, A. J., & Thiemann, J. (2011). Ethics in family and couples counseling. *Idaho State University*. Pocatello, ID.

Minor, A. J., & Tadlock-Marlo, R. (2011). Helping young adults through invisible chronic illness. *Idaho State University Graduate Student Research Day*. Pocatello, ID.

Minor, A. J., Michalak, M., & McClure, C. (2010). Clinical supervision for counselors. *Idaho State University*. Pocatello, ID.

Tadlock-Marlo, R., & **Minor, A. J. (2010).** Ethical practices for counselors, social workers, and therapists. *Idaho State University*. Pocatello, ID.

Minor, A. J. (2009). Reconceptualizing wellness. *Idaho State University Wellness Symposium*. Pocatello, ID.

Minor, A. J. (2008). Navigating life after the storm: Helping adolescents with chronic illness find their way after a medical crisis. *Illinois Counseling Association Annual Conference*. Tinley Park, IL.

Minor, A. J. (2008). Helping couples and families understand childhood chronic illness. *Southern Illinois University*. Carbondale, IL.

SERVICE

Salve Regina University

Elected:

- **Executive Committee** September 2016- May 2017
 - o Faculty representation
- **Evaluation and Process Committee** September 2015-May 2017
 - o Organizes evaluation of administration

Appointed:

- **Davis Foundation Grant Summer Advisory Committee** May-September 2017
- **Multicultural Advisory Committee** September 2015-Present
 - o Provide advisement related to multicultural issues on campus

Volunteer:

- **Master's Counseling Internship Coordinator** 2014-Present
 - o Create appropriate, ethical paperwork to foster and facilitate effective internship experience
 - o Develop relationships with various mental health internship locations
 - o Continuous communication with potential internship locations
 - o Record keeping

- Coordinate internship meetings for students
- **Engaging in Diversity Workshop** 2015-2017
 - Co-creator and facilitator
- **CACREP Self-Study Liaison**
- **Academic Integrity Task Force** February 2015-Present
- **FACSB Committee** September 2014-Present
- **Social Committee** September 2014-May 2016
- **Wellness Committee** 2013-2014
- **Search Committee**
 - Psychology Department Director of Applied Behavior Analysis November 2016-February 2016
 - Rehabilitation Director October 2014-April 2015

National Service

American Counseling Association

- **Association of Counselor Education and Supervision (ACES)**
 - 2015 & 2017 ACES Conference Planning Committee September 2014-Present
 - Placement Coordinator
 - Research Grant Proposal Reviewer 2013, 2015
 - Conference Proposal Reviewer 2013
 - Ethics Committee Member July 2011-July 2012

Council for Accreditation of Counseling and Education Related Programs (CACREP)
Visiting Team Member (active) 2014-Present

Regional Service

North Atlantic Region Counselor Education and Supervision (NARACES)

Executive Branch Secretary-Elect 2017

Conference Executive Planning Committee 2014 & 2016

-Placement Co-Coordinator

-Organize the employment opportunity coordination at the conference

Mass/R.I. Association of Counselor Education and Supervision 2013-Present

-Member

Other Service

Dissertation Committee Member 2014-2015

Title: *Counseling Supervisors' Experiences in Working with Counselors Who Are Seeing Transgender Clients*

PROFESSIONAL EXPERIENCE OUTSIDE OF TEACHING

Counselor/Advocate Bright Tomorrows Child Advocacy Center (CAC) – Pocatello, ID Community based counseling outreach for survivors of sexual abuse	January 2010-August 2012
Graduate Assistant Idaho State University Counseling Department	August 2009-May 2012
Counselor/Doctoral Coordinator Idaho State University Pocatello Counseling Clinic – Pocatello, ID -Co-ran counseling facility	June 2011-May 2012
Counselor/Graduate Assistant Southern Illinois University Clinical Center – Carbondale, IL -Counseled clients, coordinated informed consent with outside agencies	May 2008-May 2009
Counseling Intern Perry County Counseling, Du Quoin, IL -Worked with individuals and groups	May-December 2008
Graduate Assistant/Academic Advisor Southern Illinois University Achieve Program – Carbondale, IL Supervised undergraduate students with learning disabilities, academic diagnostics, etc.	August 2005-May 2008

HONORS

NARACES Emerging Leaders	October 2014
Chi Sigma Iota Leader of the Year (Couple and Family track) Delta Chapter Southern Illinois University – Carbondale, IL	Spring 2009
American Association of University Women Graduate Scholarship Southern Illinois University – Carbondale, IL	January 2008
ACA 1st Place Ethics Team Competition Winner Southern Illinois University – Carbondale, IL	January 2007
American Red Cross Community Care Award Recipient Nominated by Second Chance Homeless Shelter Staff – East St. Louis, IL	2004
Presidential Scholar	August 2000-2004

McKendree University – Lebanon, IL

Community Service Scholar

August 2000-2004

McKendree University – Lebanon, IL

Emerial Owen Psychology Scholarship

August 2002-2004

McKendree University – Lebanon, IL

AFFILIATION

American Counseling Association (ACA)

Current

- Association of Counselor Education and Supervision

Current

- Association of Creativity in Counseling

Current

Rhode Island Mental Health Counselors Association (RIMCHA)

Current

**Chi Sigma Iota Counseling Academic and Professional
Honor Society International**

Past

CONFERENCES

- North Atlantic Region Association of Counselor Education and Supervision Conference, Syracuse 2016
- Association of Counselor Education and Supervision Conference, Philadelphia 2015
- North Atlantic Region Association of Counselor Education and Supervision Conference, Rhode Island 2014
- Association of Counselor Education and Supervision Conference, Colorado 2013
- South Carolina Counseling Association Conference 2013
- Cross-Cultural Issues in Counseling and Education Conference, Georgia 2013
- North Central Association of Counselor Education and Supervision Conference, Missouri 2012
- Southern Association of Counselor Education and Supervision Conference, Georgia 2012
- Virtual Counseling Conference (through ACA), Online 2012
- Art and Gender in Everyday Life IX Conference, Idaho 2012
- Idaho Counseling Association Annual Conference, Idaho 2012
- Association of Counselor Education and Supervision Conference, Tennessee 2011
- Governor’s Task Force on Keeping Children Safe 10th Annual Conference, Idaho 2011
- Idaho Council on Domestic Violence and Victim Assistance Conference, Idaho 2011
- American Counseling Association Annual Conference, Louisiana 2011
- Idaho Counseling Association Annual Conference, Idaho 2011
- Rocky Mountain Association for Counselor Education and Supervision Conference, Montana 2010
- American Counseling Association Annual Conference, Pennsylvania 2010
- Idaho Counseling Association Annual Conference, Idaho 2010
- Association of Counselor Education and Supervision, California 2009

- Wellness Symposium, Idaho State University 2009
- Illinois Counseling Association Annual Conference, Illinois 2008
- North Central Association of Counselor Educators and Supervisors, Indiana 2008
- American Counseling Association Annual Conference, Hawaii 2008
- American Counseling Association Annual Conference, Michigan 2007

ADDITIONAL TRAINING

- Faculty Learning Community: Civic Engagement 2016-Present
- Psychotherapy 2.0: Online Training Summit Sept, 2016
Leading-Edge Discoveries and Teaching on Neuroscience,
Trauma, Mindfulness, and Attachment Theory
- Faculty Community of Practice: Reviewing Pedagogy 2015-2016
- Internal Family Systems Counseling Training, Boston Training Center December, 2014
Watertown, MA
- CANVAS training (various), Newport, RI 2013-Present
- DSM-5 Webinar training series through the ACA July-December 2013
- Bibliotherapy: Using Movies, TV Shows, and Music in Counseling April 2013
to Facilitate Client Change
- Developing an on-line course August 2012-May 2013
- iPad Engage: Using the iPad in the Classroom August 2012-December 2013
- Yoga Instruction Certificate (100 hours) 2012
- Becoming a Pro in Second Life Training December 2011
- Using New Media in Counselor Training October 2011
- Art Therapy Workshop July 2011
- Trauma Focused Cognitive Behavioral Therapy Online Training January 2011
- CACREP Team Member Training October 2010
- Reiki Level II Training July 2010
- Reiki Level I Training January 2009
- CPR Training March 2008-March 2009
- Psych-K Training November 2008
- Emotional Focused Therapy Training Workshop August 2008
- 2008 ACA Annual Conference March 2008
Couples, Marriage, and Family Counseling Academy
- Critical Incident Stress Management: Group Crisis Intervention July 2006